

Adventure Recreation and Tourism



Required Equipment List

Fall/Spring 2015-16

As a student in the Adventure Recreation and Tourism program, you will need most of the equipment listed below as well as other minor equipment. We have tried to minimize this list as much as possible, as we are aware that this equipment can be very expensive. Please keep in mind, however, that if you purchase quality equipment, you are likely to get many years of use out of each item. If you are not sure what brand/models to purchase, wait until you arrive at WCCC in the fall to purchase these items, as we will be covering what to look for in quality outdoor gear. Just **make sure to come to school in the fall with the financial resources necessary to purchase your gear** soon after the fall semester begins.

Item	Approx. Cost
0 to -20 Degree Winter Sleeping Bag (not down)	\$150-300
Insulated Ground Pad (closed cell foam or Thermarest)	\$30-85
Internal Frame Backpack-approx. 4000-5000 cu. in./70-75 liter such as: <i>Osprey Argon 70 or Gregory Baltoro 75</i>	\$100-\$300
Daypack	\$30-\$100
Mess Kit – including fork/spoon/spork	\$30-\$80
Camp Cooking Pot set – must include 1-quart cooking pot (may be combined with mess kit)	\$30-\$100
2 1-liter Widemouth Water Bottles – must be Nalgene or other similar durable unbreakable plastic bottle with a wide mouth	\$12 ea
Hiking Boots (broken in–get early and wear all summer) – medium weight - will be carrying 50 lb pack	\$80-180
*Winter Gloves (waterproof)	\$50-\$100
Winter Hat (fleece or wool)	\$20-30
Warm Pants (fleece or wool)	\$40-150
Waterproof/Breathable Pant Shell such as <i>Marmot Precip pants</i>	\$80-180
Warm Jacket (fleece or wool)	\$30-150
Waterproof/Breathable Jacket Shell such as: <i>The North Face Venture or Marmot Precip Jacket</i>	\$80-120
Polypropylene Undergarments (long underwear)	\$50
*Warm Synthetic hooded “Puffy” Coat such as: <i>Marmot Calen Hoody or North Face Thermoball or Patagonia Nano Puff jackets</i>	\$150-200
Warm Synthetic Socks (wool, etc – several pairs)	\$10-30 ea
Waterproof/Breathable Paddling/Sailing Jacket	\$80-150
Compass (Silva Type 7 or equivalent)	\$12-15
2 Drybags (for sleeping bag & clothes, 30 liter capacity)	\$20-30 ea
Headlamp (LED recommended)	\$20-50
PFD for sea kayaking/canoeing	\$50-150
Water shoes or sandals (not crocs or flip-flops)	\$60-120
Wetsuit or Dry Gear (3 mil – farmer john or shorty OK)	\$100
*Rock climbing shoes (recommended)	\$75-150
Waterproof watch with alarm	\$10-\$50

*Items marked with an asterisk are not needed until spring (2nd) semester