



CURRENTS

December

WCCC Library Newsletter

2014

Note from the Editor:

Hi Everyone,

It's nearing the end of another semester and another year! We wish everyone the best in their finals. Hope you had a wonderful semester as we look forward to the end of the year celebrations, including our banquet and awards night and, of course, all the wonderful year-end celebrations.

In this edition of CURRENTS we feature books available at our library to enjoy during this holiday time of the year. Happy reading!



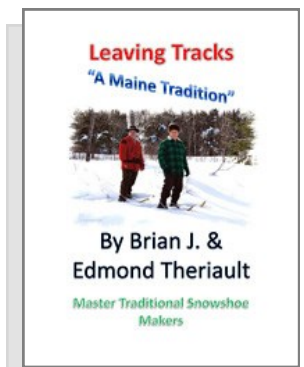
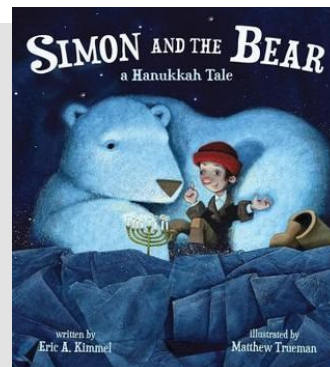
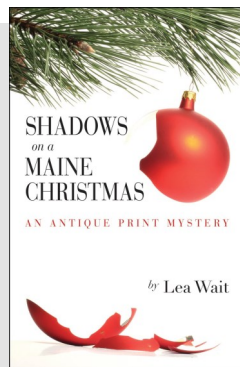
DATABASE OF THE MONTH:



CREDO Reference provides full-text online versions of hundreds of top quality reference books in all major subjects from art to medicine, psychology to history, and technology to literature.

Check out celebrations like [Hanukkah](#), [Kwanzaa](#) and [Christmas](#) in CREDO and see what information you can gather. Web users may click on the links above. Have fun!

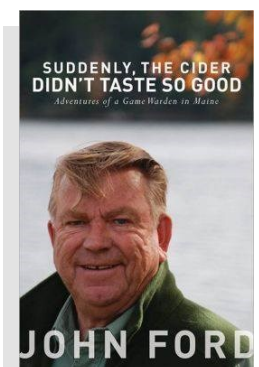
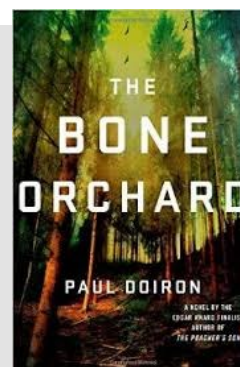
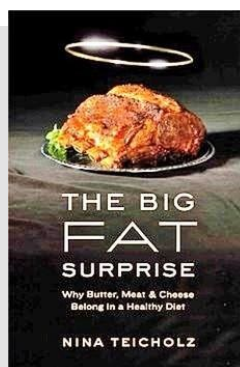
New Releases



Shadows on a Maine Christmas: an Antique Print Mystery by Maine author Lea Wait. Antiques print dealer Maggie Smith goes to Maine and gets caught up in a murder investigation over the Christmas holidays.

Simon and the Bear: a Hanukkah Tale, written by Eric A. Kimmel, illustrated by Mathew Trueman. A shipwrecked boy celebrates Hanukkah with a polar bear before being rescued.

Leaving Tracks: A Maine Tradition by Maine authors Brian J. & Edmond Theriault. An extensive guide to making traditional snowshoes.



The Big Fat Surprise: Why Butter, Meat & Cheese Belong in a Healthy Diet by Nina Teicholz. The author reveals the unthinkable: that everything we thought we knew about dietary fat is wrong. Hmm, more turkey, please!

The Bone Orchard by Maine author Paul Doiron. Mike Bowditch is now working as a fishing guide in northern Maine, but disturbing events force him to reexamine his decision to leave the warden service.

Suddenly, the Cider Didn't Taste So Good by Maine author John Ford. A collection of true tales both humorous and serious from Ford's experiences as a Maine game warden.

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Library Hours
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STORY OF THE MONTH

Do you know the origin of the Christmas Tree?

Long before Christianity, people used to hang evergreens over their doors and windows during the winter season in the belief that these evergreens would ward off evil spirits and illnesses. Then there were people who believed that the sun was a god who got sick during the winter time. He would recover once winter was nearly over so to celebrate they would hang evergreen boughs to symbolize growth and good health. The ancient Egyptians practiced a similar sort of ritual filling their homes with green palm rushes at the end of each winter solstice to symbolize new life. Even the Druids of Northern Europe and the Vikings had very similar practices.



The Christmas tree as we know it today is said to have begun in Germany in the 16th century. Devout Christians started decorating trees in their homes to celebrate Christmas. There is a legend that suggests that it was Martin Luther, the Protestant reformer, who began the tradition of adding lighted candles to the Christmas tree. The legend goes that one winter evening as he walked through the woods, composing a sermon, he was struck by the beauty of the many stars twinkling amidst the evergreen trees. To recapture the beautiful scene, he placed lighted candles on the Christmas tree in his home, and a new tradition was born.

Reference

"History of Christmas Trees." *History.com*. A&E Television Networks. Web. 4 Nov. 2014.

Featured Periodical



Fine Cooking is published monthly by The Taunton Press, a family business located in Newtown, Connecticut, that was started by Paul Roman and his wife Jan in 1975. *Fine Woodworking* was their first publication, and their aim was to create a magazine by woodworkers for woodworkers. Successful well beyond their hopes, *Fine Woodworking* became

the model for each of Taunton's subsequent titles. *Fine Homebuilding* and *Fine Gardening* followed, with *Fine Cooking's* first issue hitting the newsstands in 1994.

Fine Cooking claims on its website: "We're 100% cooking. Everything in our magazine gets you excited about cooking, from our recipes to ingredients, tools, tips and techniques—for us, food is always the star."

The magazine is refreshingly light on advertisements and is packed full of useful and interesting content, with numerous well-tested recipes accompanied by high quality photographs. Some mouth-watering examples:

Crescent City Christmas

Restaurateur Ralph Brennan celebrates the season with Réveillon, a time-honored New Orleans holiday feast.

Sear Genius Use the reverse-sear technique for perfectly cooked beef.

Tom Yam Soup Thai food expert Andy Ricker shares his recipe for an intensely flavorful hot-and-sour shrimp soup.

Biscotti Learn the secrets to this classic Italian cookie. (Hint: Bake them twice.)

Reference

"Working with Us: History." *Taunton.com*. The Taunton Press, 2014. Web. 11 Dec. 2014.

"Current Issue." *Fine Cooking*. The Taunton Press, 2014. Web. 11 Dec. 2014.

