

Counseling & Mental Health Resources	
Counseling Services	To schedule an appointment with a counselor, contact the Associate Dean or Dean of Students 1-207-454-1000
Mental Health Crisis Hotline	24/7 Crisis Services (888) 568-1112
Maine WARM Line	Peer-to-peer support for adults 1-866-771-9276
NAMI Maine's Teen Text Line	Text support for those up to age 20 1-207-515-8398
WCCC Campus Emergency Number	1-207-454-1099 *For urgent, life threatening emergencies, dial 911.
211	Dial to link to mental health services